National Emergency Training Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/10/2024	3/11/2024	3/12/2024	3/13/2024	3/14/2024	3/15/2024	3/16/2024
Breakfast						
Pancakes	Belgian Waffles	Pancakes	French Toast	Blueberry Pancakes	Chocolate Chip Pancakes	Pancakes
Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
Sausage Links	Chicken Tenders	Sausage	Smoked Sausage	Turkey Sausage	Sausage	Sausage Links
Biscuit Gravy	Chicken Gravy	Bacon Gravy	Biscuit Gravy	Sausage Gravy	Pepper Gravy	Country Gravy
Hash Browns	Breakfast Potatoes	Breakfast Cubes	American Fries	Tater Tots	Home Fries	Hashbrowns
Lunch						
Assorted Pizzas	Oven Fried Chicken	Ground Beef Tacos / Carnitas	Country Fried Steak	Roast Turkey	Breaded Haddock Squares	
Pulled Pork	Pot Roast	Tortilla Chips w/Queso	Chcken Thighs w/ Peanut Sauce	Cheese Lasagna Roll Ups	Italian Sausage w/ Peppers and Onions	
Chicken Wings	Mashed Potatoes	Mexican Rice / Vegetarian Refried Beans	White Rice	Mashed Potatoes/Cornbread Stuffing	Sweet Potato Fries	CLOSED
Steak Fries	Jalapeno Cheddar Sausage	Corn w/ Roasted Peppers	Steamed Broccoli	Hot Dogs/Sauerkraut	Baked Macaroni & Cheese	
Cut Corn	Peas & Carrots	Chicken Flautas	Grilled Steakburgers	Roasted Brussels Sprouts	Sliced Carrots	
Vegan Burger**	Three Grain Burger**	Vegan Taco**	Plant Based Chicken Patty**	Meatless Bratwurst**	Chik'n Nuggets**	
Featured Soup						
Cream of Potato w/ Bacon	Italian Wedding	Chicken Baja Enchilada	Chicken Noodle	Broccoli Cheese	Clam Chowder	
Dinner						
Stuffed Peppers	Cheese Lasagna	Roasted Prime Rib	Baked Salmon	Smoked Beef Brisket	Stuffed Chicken Breast	
Baked Lemon Garlic Cod	Oven Baked Ham	Fried Shrimp	Portabella Beef Tips	Roasted Chicken Leg Quarters	Grilled Thick Cut Pork Chops	CLOSED
Rice Pilaf	Au Gratin Potatoes	Rosemary Roasted Red Potatoes	Buttered Egg Noodles	Hushpuppies / Steak Fries	Mashed Yukon Gold Potatoes	
Capri Blend	Roasted Cauliflower	Green Beans	Asparagus	Shoepeg Corn	Malibu Blend	
Menu Subject To Change Without Notice						

Special diet? No problem, just speak with the manager

BREAKFAST 6:30am - 8:30am M-F
6:30am - 9:30am Sa&Sun

LUNCH 11:30am - 1:00pm Sun-Sat

DINNER 5:00pm - 7:30pm M-Sa
5:30pm - 9:30pm Sun



E-mail us at fema-netccafeteria@fema.dhs.gov Call us at 301-447-1551

** Vegan Options