

National Emergency Training Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5/27/2018	5/28/2018	5/29/2018	5/30/2018	5/31/2018	6/1/2018	6/2/2018
In addition to the menu items listed for breakfast we also have omelets cooked to order off the grill, hot and cold cereals, fruit bar with cottage cheese and low fat yogurt, bagels and breakfast pastries						
Breakfast						
Multi-Grain Pancakes Bacon Turkey Sausage Country Gravy Hash Browns	Pancakes Bacon Sausage Pattys Country Gravy Fried Breakfast Cubes	Waffles Bacon Sliced Ham Bacon Gravy Baked Hash Browns	French Toast Bacon Smoked Sausage Hamburger Gravy American Fries	Blueberry Pancakes Bacon Scrapple Sausage Gravy Potato Pancakes	Breakfast Burrito Bacon Turkey Kielbasa Pepper Gravy Home Fries	Chocolate Chip Pancakes Bacon Sausage Links Country Gravy Baked Hash Browns
In addition to our menu options listed for lunch and dinner we also serve grilled hamburgers, all beef hot dogs, a full salad bar with multiple protein options, cold deli with a prepared salad and sliced gluten free luncheon meats						
Lunch						
Cajun Catfish Chicken Tenders Potato and Onion Pierogies Peas Pasta w/ Red Sauce	Smothered Chicken Baked Salmon Mashed Potatoes Collard Greens Vegan BBQ**	Taco Bar Meatless Beef Taco **	Ranch Chicken Thighs Fried Shrimp Parslied Potatoes Cauliflower Chick'n Chunks**	Roast Turkey Baked Mac-n-Cheese Mashed Potatoes Capri Blend Marinated Portobello Sandwich**	Seafood Newburg Stuffed Peppers Steamed Rice Baby Carrots 3 Grain Sliders **	Cheese Lasagna Grilled Bratwurst Sweet Potato Fries Cut Corn Falafel **
Featured Soup						
Beef Noodle	Cream of Cauliflower	Chicken Tortilla	Cr. of Broccoli	Beef Vegetable	Clam Chowder	Chef's Choice
Dinner						
Chicken Curry with Mango Teriyaki Pork White Rice Normandy Mix	BBQ Cookout at the Pub	Grilled Ribeye Steaks Cheese Tortellini w/ Pesto Baked Sweet Potatoes Steamed Broccoli	Portobello Beef Tips Garlic / Herb Cod Wild Rice Pilaf Lima Beans	BBQ Night BBQ Night Baked Potatoes Shoepeg Corn	Meatloaf Baked Pork Chops Roasted Rosemary Potatoes Peas and Carrots	SW Cookout
Don't forget about our BBQ every Thursday night						
Special diet? No problem, just speak with the manager						

BREAKFAST 6:30am - 8:30am
LUNCH 11:30am - 1:00pm
DINNER 5:00pm - 7:30pm



E-mail us at netc-cafeteria@fema.dhs.gov
 Call us at 301-447-1551

** Vegan Options